Shiba Inu and the Low ALT Gene - Veterinary Handout

Shiba Inu and the Low ALT Gene - What Owners and Veterinarians Need to Know

Overview:

The "low ALT" gene (GPT variant) affects how the liver enzyme alanine aminotransferase (ALT) appears on bloodwork. ALT is a key marker for liver health, but in dogs with this gene, normal levels can be much lower than standard lab ranges.

The Shiba Inu Connection:

- Every known Shiba Inu tested to date has at least one copy of the low ALT gene.
- Many Shibas have two copies.
- Low ALT is normal for Shibas and does NOT mean liver disease.

Why It Matters:

- ALT may remain within normal limits even if liver disease is present.
- In Shibas with two copies, ALT may stay very low even during significant liver injury.
- This can mask early signs of liver disease if ALT is interpreted without genetic context.

Key Recommendations for Veterinarians:

- 1. Always obtain a baseline ALT when the Shiba Inu is healthy.
- 2. Interpret ALT values in context of genetic status.
- 3. Look for changes from the individual dog's baseline rather than the lab's standard range.
- 4. Use additional diagnostics (bile acids, ultrasound, biopsy) if liver disease is suspected.
- 5. Be especially alert if the dog also carries ATP7B or ATP7A copper toxicosis variants.

Key Recommendations for Owners:

- Share your dog's genetic results with your veterinarian.
- Understand that a low ALT value is usually normal for Shibas.
- Keep a copy of baseline ALT results for comparison in the future.
- Monitor for upward trends in ALT, even if still "within normal range."

Bottom Line:

Low ALT is the norm for Shiba Inu, not the exception. The best safeguard for your dog's liver health is to establish a personal baseline and monitor for any changes over time.

Related Reading:

Copper Toxicosis in Dogs - What Breeders and Owners Should Know:

https://shibas.dog/index.html?entry=copper-toxicosis-in-dogs-what